

This year's topic is **A Woman's Whirled.**

*Our personal worlds can be just spinning.
Our global world is also in a whirl.
Our culture on womanhood has gone into a
whirlwind. What do we do?*

*We go back to the Word of God –
Ask: What's true? What do You want us to
do?
He guides us in paths of righteousness
and leads us to still waters (Psalm 23).*

.....



Linda is from Heritage College and Seminary and formerly was the senior pastor's wife at the Metropolitan Bible Church in Ottawa. Linda has taught women's Bible studies for over 25 years, and also enjoys writing Bible study curriculum. She speaks for Christian Women's Clubs, retreats and conferences for women. Her love for God's Word and His World in creation and culture bring her great joy.

Currently, Linda is directing courses for women in ministry at Heritage. Linda has her Master's degree focused on linguistics and ESL from the University of Texas at Arlington (UTA). After taking further theological study, she has recently begun a Doctoral program in Education at Southern Seminary. Linda is married to Rick Reed, the President of Heritage College and Seminary, and they are blessed with three children.

Nav Center



The Ladies Fellowship Retreat is held at the beautiful Nav Center in Cornwall, Ontario. The center is situated on 70 acres of parkland adjacent to the St. Lawrence River and 40 kilometers of recreational trails. It's an easy trip from just about anywhere; only a one hour drive from Ottawa or Montreal and five minutes from upper New York State.

With a large indoor pool and sauna, spacious gym with state of the art equipment and beautiful grounds to explore; your weekend is sure to be filled with memorable moments.



1950 MONTREAL ROAD
CORNWALL, ONTARIO, K6H 6L2

1-877-832-6416

WWW.NAVCENTRE.CA

ANNUAL LADIES FELLOWSHIP RETREAT

October 14th-16th, 2016



Keynote Speaker Linda Reed

FAITH • FUN • FRIENDS

*A WEEKEND FILLED WITH MEETING NEW
FRIENDS AND CATCHING UP WITH OLD FRIENDS
AS WE SHARE WITH EACH OTHER THROUGH
FELLOWSHIP, PRAISE AND WORSHIP. COME
READY TO BE CHALLENGED FROM GOD'S WORD
AND RENEWED IN YOUR PERSONAL WALK WITH
HIM. YOU DON'T WANT TO MISS OUT ON THIS
EXTRAORDINARY EXPERIENCE SO BOOK NOW
FOR AN UNFORGETTABLE WEEKEND.*

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All the Comforts of Home



With all the comforts of home the Nav Center has what it takes to meet the needs of our group. All guest rooms feature luxurious duvets and pillow-top mattresses, cable television and high-speed Internet access, and private bathrooms stocked with toiletries and plush towels. All of their rooms have been recently renovated for added comfort.



Registration Information

Registering for the retreat is done in two easy steps;

Step One

You will find enclosed with this brochure a registration form, if one is not included you may download a copy from our website. Carefully read all the information provided. Fill out the form**and return it with your \$20 registration fee. This fee is non-refundable and due by August 14th. **NOTE: Registration received after August 14th until Sept. 15th deadline will now go up to \$25.** *Sorry! We really need to get those registration forms in early this year, thanks for understanding! Please note that your non-refundable registration fee does not apply to the cost of your room.*

Step Two

Please call the Nav Center directly to book your own room and inform them which type of room you would like for the weekend. Booking must be done under the Ladies Fellowship Retreat to receive our special conference rate. If you have any special needs make sure to let the Nav Center know when you make your reservation.

Nav Center toll free number: **1.877.832.6416**

*If you have any questions please contact the
Retreat Planning Committee at:
LFRetreat@gmail.com*

Or

514.222.3498

*The Retreat Planning Committee:
Stacy Brown, Christina Elsmore, Nancy Wong,
Kathryn Hejnar*

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Weekend Package Includes

- 2 Nights Accommodations
- 4 Sessions by Keynote Speaker
- 6 Meals (Including Friday night dinner)
- 3 Coffee Breaks with snacks
- Optional Activities & Workshop (Please see website for more information)
- Devotionals
- Prayer Groups
- Pool / Gym / Wi-Fi
- Spa (requires appointment 1.877.832.6416)

Weekend Price List

Check-in @ 4pm

Friday dinner 5-7pm

TRAD-Q Traditional Room with 1 queen sized bed.	
ROOM TYPE	PRICE*
Single Occupancy	\$347.00ea
Double Occupancy	\$257.00ea
TR-2Q Deluxe Suite with two queen sized beds.	
ROOM TYPE	PRICE*
Double Occupancy	\$298.00ea
Triple Occupancy	\$262.00ea
Quad (4) Occupancy	\$244.00ea

***ALL PRICES ARE PER PERSON**

Ontario Sales Tax 13% included

** NEW** This year, you can now email your money transfer of your registration fee, please see registration form or website for more details.