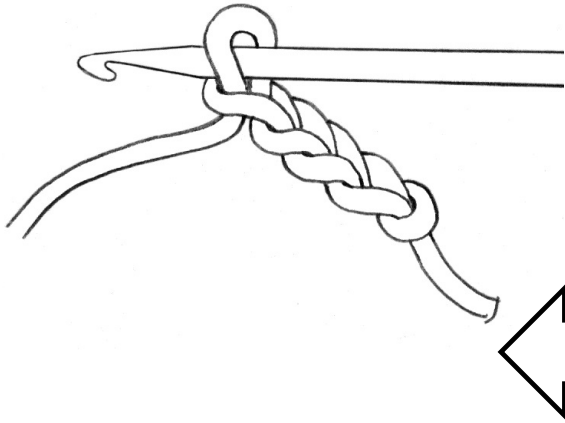
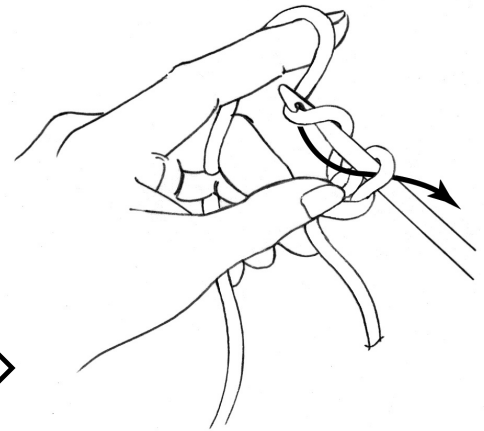


8 Chain-1

Hold the hook in your right hand and loop the yarn from the ball over your left index finger. Hold the end of the slip knot between the thumb and middle finger of your left hand. With your left index finger, wrap the yarn from back to front around the shaft of the hook. Use the hook to draw the yarn through the loop on the hook: one chain is now made.



Make as many chains as your pattern calls for. Do not count the slip knot or the loop currently on your hook as chain stitches. The resulting row of chains is called the foundation chain. You will build the crocheted fabric off of this foundation. The chain stitch is also used to produce spaces and loops in your fabric.

How to Hold the Crochet Hook:

A- Grasp your crochet hook in your right hand, between your thumb, index finger, and middle finger.

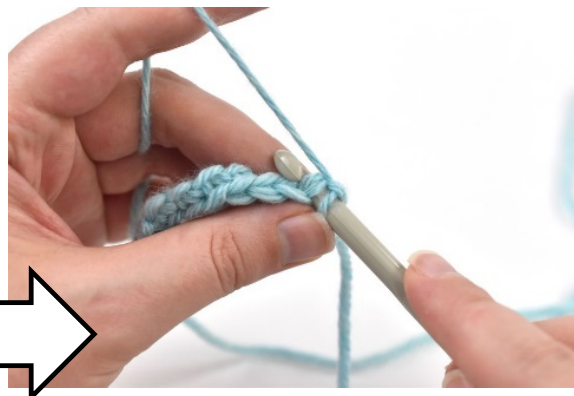
B- The hook should be inserted into the slip knot from front to back.

C- To start, the crochet hook will be facing upwards, but you will rotate it by approximately one-quarter turn counter clockwise with each chain stitch that you crochet. It's OK to turn it more than that if you need to, but the goal is to make each motion as precise and fluid as possible.

1. After you form the foundation chain of stitches, insert the hook through the first chain.

a) For the second row and beyond, insert your hook into the single crochet stitch directly below it in the row.

b) Slide the hook under both loops on the top of the chain.

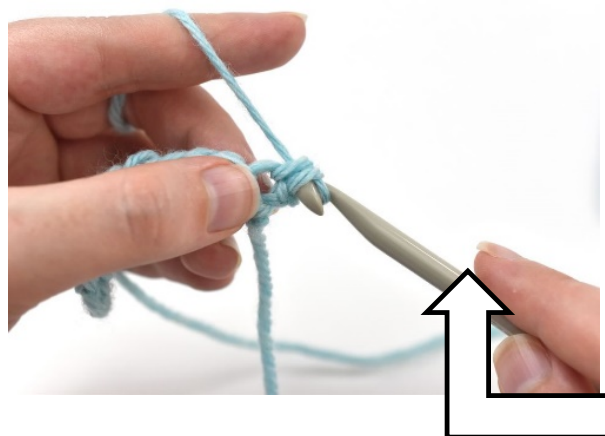
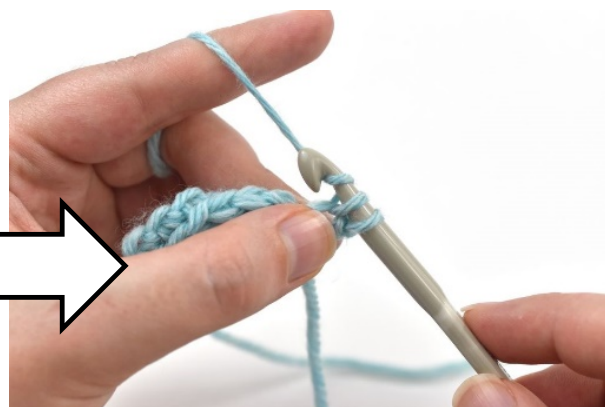


2. With the crochet hook in place, prepare to [draw up a loop](#). Wrap the yarn over your crochet hook, and grab it with the hook.

a) When you've practiced these steps to the point that they are automatic, you might find that you get to the point when there isn't a gap between the first and the second steps. Your hook will grab the yarn just as soon as you insert it into the stitch.

b) Pull or "draw" the hook and working yarn through the loops. You should now have two stitches or "loops" on your hook.

3. Wrap the yarn around your crochet hook again, and hook the yarn.



Draw the hook and yarn through both of the loops on the hook.

This completes the single crochet stitch. One loop remains on your crochet hook. This loop is the starting point for your next stitch.

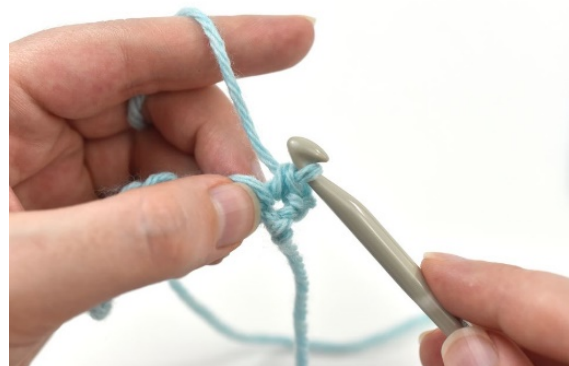
You can repeat this sequence of steps as many times as needed to create additional single crochet stitches across the row (or round).

TIP:

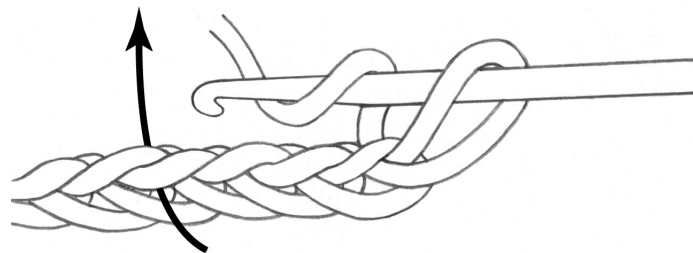
If you are working your crochet in rows, the first row can be a challenge, especially for beginners. Many beginning crocheters have difficulty holding the work; at the beginning, there isn't much there to hold onto.

If you have trouble working your first row of single crochet stitch, ask an experienced crocheter to work the first several rows for you. Then you can continue crocheting on the same piece. After the first few rows are complete, you'll find it easier to hold the work.

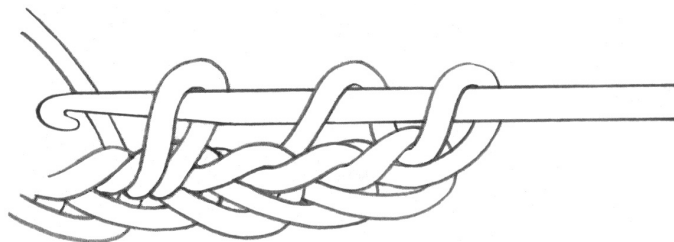
After working enough rows to master the single crochet stitch, you'll have a much easier time working those tricky first rows in future projects.



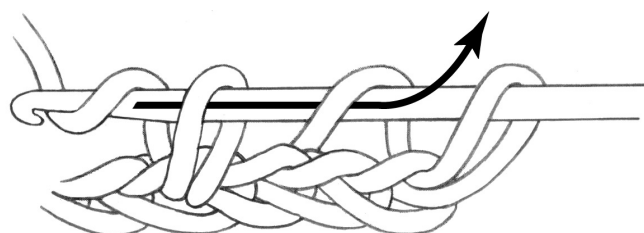
Make foundation chain 2 chains more than the number of double crochet stitches called for. Skip first 3 chain stitches (will count as the turning chain).



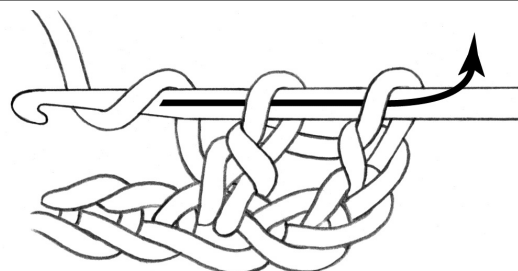
Yarn over hook once, insert hook from front to back in the center of the fourth chain from the hook.



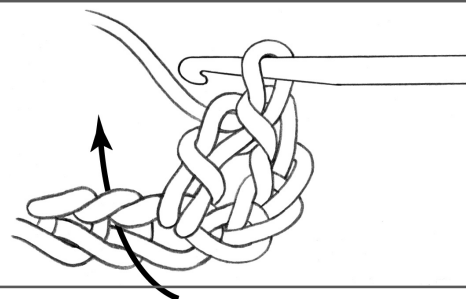
Yarn over, draw the yarn through the chain (3 loops on hook).



Yarn over, draw yarn through 2 loops on hook (2 loops remain on hook).



Yarn over, draw through 2 loops on hook (one double crochet complete).



Yarn over, insert hook in the center of next chain, yarn over, draw yarn through stitch, yarn over, draw yarn through 2 loops on hook, yarn over, draw yarn through 2 loops on hook. Repeat across to end of foundation chain.

To begin the second row, turn your work. Chain three for the turning chain.

Skip the first double crochet below the turning chain. Yarn over, insert hook from front to back under the top 2 loops of the next double crochet in the row below, yarn over, draw yarn through stitch, yarn over, draw yarn through 2 loops on hook, yarn over, draw yarn through 2 loops on hook (first double crochet complete). Repeat this step in each double crochet across and in the top of the turning chain at the end of the row.